

2020 Cup N Cone 50M Route

50.3 miles

Leg	Dir	Type	Notes	Total
	↑	Straight	Start of Course - Panther Creek Stadium Parking Lot	0.0
0.2	→	Right	Turn right onto McCrimmon Pkwy	0.2
0.5	←	Left	CAUTION! Turn left onto Green Level Church Road	0.7
1.7	↑	Straight	Straight at Morrisville Pkwy	2.5
1.9	→	Right	Turn right onto Green Level W Rd	4.3
1.0	→	Right	Turn right onto White Oak Church Rd	5.3
0.5	↑	Straight	At the traffic circle, continue straight to stay on White Oak Church Rd	5.7
1.0	←	Left	Turn left onto Morrisville Pkwy	6.7
0.3	↑	Straight	Continue onto Lewter Shop Rd at County Line	7.0
2.0	→	Right	CAUTION! Turn right onto NC-751 N	9.0
0.4	←	Left	CAUTION! Turn left onto Marthas Chapel Rd	9.4
2.8	→	Right	CAUTION! Turn right onto Farrington Rd	12.3
0.7	↑	Straight	Continue onto Farrington Point Rd	13.0
1.1	↑	Water	REST STOP #1 ON LEFT. Turn Around for 25 Mile Route	14.1
0.3	←	Left	CAUTION! Turn left onto Lystra Rd	14.4
1.8	↑	Climb	Start of Lystra Hill Climb	16.2
2.1	↑	Summit	Top of Lystra Climb	18.3
0.6	→	Right	CAUTION! Turn right onto US-15 N/US-501 N. Ride on Shoulder!	19.0
0.9	←	Left	CAUTION! Turn left onto Manns Chapel Rd - turn lane!	19.9
5.2	→	Right	Turn right onto Hamlets Chapel Rd	25.1
0.2	↑	Water	REST STOP #2 on LEFT	25.3
1.3	↑	Straight	Continue onto Jones Ferry Rd	26.6
1.1	→	Right	Turn right onto Lamont Norwood Rd	27.7
3.2	→	Slight Right	Veer right onto Poythress Rd	30.9
0.2	←	Left	CAUTION! Turn left onto Manns Chapel Rd	31.1
1.9	→	Right	Turn right onto US-15 S/US-501 S. Ride on Shoulder!	33.1
0.9	←	Left	CAUTION! Turn left onto Lystra Rd. Use turn lane.	34.0
4.6	→	Right	Turn right onto Farrington Point Rd	38.6
0.2	↑	Water	REST STOP #1 on RIGHT	38.8
1.2	↑	Straight	Continue onto Farrington Rd	40.0

Leg	Dir	Type	Notes	Total
0.7	←	Left	CAUTION! Turn left onto Marthas Chapel Rd	40.7
2.8	→	Right	Turn right onto NC-751 S	43.5
0.4	←	Left	CAUTION! Turn left onto Lewter Shop Rd	43.9
2.0	↑	Straight	Continue onto Morrisville Pkwy	46.0
1.9	←	Left	CAUTION! Turn left onto Green Level Church Road	47.9
1.7	→	Right	Turn right onto McCrimmon Pkwy	49.6
0.5	←	Left	Left into Panther Creek Stadium Parking Lot and FINISH!	50.1

Ride With GPS · <https://ridewithgps.com>